

 **Stay Connected** 

Keeping Up to Date

Don't forget to keep up to date with practice news by visiting our website, following our social media pages and checking updates in the practice waiting room.

With one of our T-Level students helping to manage our social media accounts, we look forward to sharing more helpful updates, health advice and practice news with you.



Google Reviews

We value and appreciate your feedback
Please leave us a review on Google

Join Our Patient Participation Group (PPG)

Our Patient Participation Group (PPG) plays an important role in helping us to shape the services we provide.

The group gives patients the opportunity to share feedback on practice services, suggest improvements, help influence how services are delivered, work with the practice to improve patient experience.

Recent feedback from the PPG directly influenced the decision on the type of clinics and days / times we will be offering in Enhanced Access when it moves back to Peterloo in April, so your voice really does make a difference.

If you are interested in joining the PPG or would like more information, please contact our care coordinators Briana or Sophie, or alternatively you can sign up via our practice website.

We welcome patients of all ages and backgrounds to help represent our community.

♥ Thank You ♥

Thank you for continuing to support Peterloo Medical Centre. We understand that accessing healthcare can sometimes feel challenging, and our team continues to work incredibly hard to meet growing demand whilst delivering safe, compassionate care for all patients.

Your kindness, patience and feedback are always appreciated
From all of us at Peterloo Medical Centre - Have a wonderful Summer



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Newsletter Summer 2026

A Message From The Manager

Summer has arrived, bringing brighter days, warmer weather, and plenty of positive developments here at Peterloo Medical Centre.

As always, we remain committed to providing high quality care for our patients and local community, whilst continuing to improve and expand the services available to you.

We are pleased to share some exciting updates about our growing team, new services now available locally, and some important reminders to help you stay healthy this summer.

Thank you for your continued support of Peterloo Medical Centre
We hope you have a healthy, happy and enjoyable summer 🌻

☀️ Jenna Johnstone - Practice Manager ☀️

📅 Practice Closures 📅

Bank Holidays

Please note the practice will be closed on the following bank holidays:

Monday 24th August 2026

If you require urgent medical help when we are closed, please contact NHS 111 or visit 111.nhs.uk

Monthly Staff Training

The practice will also be closed from 1.00pm on the second Thursday of each month for staff training and development.

These sessions allow our team to:

- Maintain up to date clinical knowledge
- Improve patient services
- Complete essential NHS training requirements

During this time, any telephone calls to the practice will be transferred to Bardoc Out of Hours service. From 6.30pm you can also ring NHS 111 for advice.

🗣️ Announcements 🗣️

Welcome to Our New Team Members

We are delighted to welcome two new members of staff to our Reception Team

👋 Ava - Receptionist

Ava has recently joined the practice and is already becoming a friendly and familiar face to many of our patients. She is enjoying learning about General Practice and supporting patients with appointments and enquiries.

👋 Ella - Apprentice Receptionist

We are also please to welcome Ella, who has joined us as an Apprentice Receptionist. Ella is beginning her career within the NHS and will be developing valuable skills whilst supporting our patients and team.

Please join us in giving both Ava and Ella a warm Peterloo welcome!

📱 Change of Online Request System 📱

The surgery will be changing to a new all in one online request system which will be going live on 30th June 2026.

This system will completely replace our current PATCHS and SMS system as it rolls both services into one platform.

You will still be able to make your non-urgent medical and admin (sicknotes / prescriptions) requests via the NHS App with the new system which is called AccuRX.

As we transition over to the new system from mid-June, you may find you start to receive a new style of message as we start using the system internally.

As with previous our care coordinator team will be more than happy to hold digital workshops or one to one assistance for any patients who do not feel confident, or wish for some help to enroll on the NHS App.

Services Available at Middleton PCN Hub

We continue to work closely with local healthcare teams to improve access to services for patients across Middleton. A number of services are now available at Middleton PCN Hub, including:

First Contact Practitioner (FCP)

Patients with muscle, joint, bone, or back pain may be offered appointments with a specialist First Contact Practitioner without needing to see a GP first.

Mental Health Support

Mental Health Practitioners are available to support patients experiencing stress, anxiety, low mood, and other mental health concerns.

Stop Smoking Service

If you are thinking about quitting smoking, support is available through our Stop Smoking Service. Even small steps can make a big difference to your health.

NEW Health MOT Clinics - Starting 17th June

We are excited to launch our new Health MOT Clinics from 17th June 2026 for patients aged 25-84. These clinics are designed to help identify early risks to health and support prevention of future illness. Checks may include:

- Blood Pressure
- Weight and BMI
- Cholesterol Finger Prick Testing
- Hba1C Finger Prick Testing (Diabetes risk)
- Lifestyle advice
- Heart Health Assessments
-

If you are eligible for this service, you may receive an invitation via SMS to book directly into the clinics.

General Practice Updates







Understanding CVD Prevention

You may hear us talking more about CVD Prevention over the coming months.

CVD stands for Cardiovascular Disease, which includes conditions affecting the heart and blood vessels, such as heart attacks and strokes.

Many cases of cardiovascular disease can be prevented through early identification and small lifestyle changes.

Some simple ways to reduce your risk include:

-  Staying Active
-  Eating a balanced diet
-  Stopping Smoking
-  Maintaining a healthy weight
-  Attending health checks and reviews annually
-  Taking prescribed medication regularly

Our team may invite some patients for blood pressure checks, blood tests, NHS Health Checks, MOT Checks, or Medication reviews to help support long term health and wellbeing.



Disability Confident
Committed Employer



Armed Forces Veteran
Friendly Accredited



Bee Seen, Get
Screened Employer



Pride in Practice Gold
Accreditation

Summer Health Tips

With warmer weather finally here, its important to look after your health and wellbeing.

Stay Hydrated

Even on mild summer days, dehydration can cause headaches, dizziness and tiredness. Aim to drink water regularly throughout the day, particularly if you are spending time outdoors.

Enjoy the sunshine safely

A little sunshine can help boost mood and vitamin D levels, but remember to:

Wear sunscreen

Seek shade during the hottest parts of the day
Wear a hat and sunglasses when outdoors

Keep Moving

Regular physical activity is one of the best things you can do for youe health. A brisk walk, gardening, cycling or even dancing around the kitchen all count towards keeping active.

★ **Help Us, Help You** ★

There are a few simple things patients can do to help us provide the best possible service:

- ✓ Attend appointments on time
- ✓ Cancel appointments you no longer need
- ✓ Request repeat medication in good time
- ✓ Keep your contact details up to date
- ✓ Treat staff with kindness and respect

Missed appointments each month could be used for patients waiting to be seen. If you cannot attend, please let us know as soon as possible so we can offer the appointment to someone else.

Did you know that Peterloo Medical Centre is an active research practice?

Research plays a vital role in improving healthcare and helping the NHS develop better treatments, medicines, and ways of delivering care. Many of the treatments and services we benefit from today have only become available because patients chose to take part in research studies.

We are proud to support NHS research and to offer our patients opportunities to participate in a variety of studies. These may include questionnaires, interviews, review of healthcare services, or clinical trials - looking at new treatments and medicines.

Taking part in research is always completely voluntary, and choosing not to participate will never affect the care you receive from the practice.

Over the past 5 years, Peterloo Medical Centre has worked alongside other local practices and healthcare organisations to help bring research opportunities closer to come, allowing patients to contribute to healthcare improvements without needing to travel to large hospital centres.

Why is research important? Research helps us to:

- ✓ Develop new medicines and treatment
- ✓ Improve diagnosis and prevention of disease
- ✓ Enhance patient care and outcomes
- ✓ Better understand the health needs of local communities
- ✓ Shape te future of the NHS

Some recent studies we have took part in include clinical trials and studies for:

Injectable Weight loss medication, Injectable Cholesterol Medication, Anti-Depressant Reduction, Gestational Diabetes treatment and monitoring, Type 2 Diabetes treatments.